



ST. JAMES' JOURNEY

NOVEMBER 2022

Volume 18, Issue 2
November 2022



*Welcome to the Church of St. James', Orillia
Whether you are a follower of Christ, or on a spiritual journey, all
are welcome to this Holy and Sacred place.*



FROM THE DESK OF CANON JOHN

Dear Friends in Christ,

I was scratching my head thinking of what to write about this month, and there were several things swirling around in my head. I thought that I would give a summary of some important matters that I'd like you to be aware of.

Moving to a New Home. The other day a parishioner remarked she did not know I was moving to a new home. It has come up suddenly and, indeed, it did so. Lisa and I decided to get a country property between Orillia and Uxbridge. I want to thank everyone for the use of the rectory as it was vital to my recovery. However, life stages made us think about the years ahead. Lisa has taken an early retirement from her job after 22 years. She wants to move closer to her parents so that she can have quality time with them. As well, coming out of cancer, two years of rehabilitation, and COVID, it was time to start doing some of the life changes that we have dreamed about which includes being in the country. More information will follow about the rectory and steps that will be taken to rent it. While it means a little driving for me, I always like the quiet time to think about sermons and life at our church.

COVID Protocols are still decided on parish level. We are seeing increasing numbers of COVID cases and hospitals are once again reporting that they are being challenged. I have spoken with various health professionals about steps that can be taken to be safe. It is recommended that we stay updated on our vaccinations and that includes getting the flu shot. You are encouraged to wear a mask in public spaces including our church. The worship team will continue to wear masks at the Eucharist. If you are not feeling well, please stay home and take care of yourself. Finally, the COVID Safety Committee will be planning to meet to plan for future protocols should they be required.

Use of the Sacred Space Several people have asked if we will go back to using the high altar and the choir return to the chancel area. Currently that is not the plan, and this is for several reasons.

- I am walking a lot better and there are days when I forget to use my cane. My physiotherapy is going very well, and I improve every day. However, I still must watch the stairs and if I move too fast my knee does not want to cooperate. Thus, I still prefer to use the memorial altar where it is presently located near the chancel steps.
- As indicated above, we are not out of COVID, and this has implications on space issues. I have been advised that it does not make sense for the choir members to be in the chancel area which is more enclosed than being at the front of the nave. Also, the other members of the worship team prefer the separation. We are reviewing providing more floor space for the choir so that they can have some more room. I acknowledge that the choir is disconnected from the Eucharist and there are issues with lighting and finding a place to put books. We are thinking of ways to address these issues.
- As a result of COVID we have moved to live-streaming of the services and it is here to stay. To move back to the chancel area presents many sound, lighting, and video complications that would have to be addressed and there would be a cost to make these changes.

I think the last couple of years has given all of us an opportunity to consider how we may repurpose our worship space so that we can respect our Anglican traditions at St. James' but also address needed changes to make worship vital and responsive to the community. With an aging congregation we must make the worship space more accessible. We need to address the technical issues I have set out above. It comes as no surprise that I believe that the Celebrant should be closer to the community in both preaching and celebrating the Eucharist which is why you find me closer to the Chancel steps. However, I am also mindful that there are costs associated with any change. I think there is a general agreement that, rather than taking a piecemeal approach, we must come up with a longer-term plan.

Yours in Christ, Canon John

Our Vision - A strong faith community, reflecting God's Love to those around us.
Our Mission - To serve and share Jesus Christ
Our Values - Faith, Compassion, Integrity, Respect



KENYA PROJECTS - OUR JOURNEY CONTINUES

This coming Advent St. James' will focus on our upcoming medical mission to Kibera, Nairobi, Kenya. The details of this mission are recorded below. We ask for your considered support both in prayer and finances this Advent period of reflection, anticipation, and commitment.

Our journey began in 2011, when Rosemarie (retired RN), David Freeman (Pharmacist) and Dr. Fran McCordic, parishioners from St. James', joined Canon Kim Beard on his mission trip to Kenya. Thirteen medical/dental clinics were held during this trip and on our return, we started to explore what could be done to contribute to the ongoing needs in Nairobi. We chose to raise funds for laboratory equipment for the medical clinic and supply medication at the Holy Trinity site in Kibera and to supply medication for the ACK (Anglican Church of Kenya) St. Nicholas Children's Home in Karen. It took approximately nine months to obtain permission from the Revenue Canada Agency to use funds raised through St. James' for projects outside of Canada and to prepare the appropriate documents. In June of 2012 we returned to oversee the opening of the new laboratory at Kibera and to organize the medication cupboard for St. Nicholas.

Over the next years, both these projects have remained viable through funds raised by the parishioners, friends and families associated with St. James'. Clients served over these years have greatly increased, in part due to the availability of free lab testing and medication. The medical clinic, with Dr. Stanley Simiyu at the helm, has been designated an official clinic for the diagnosis and treatment of HIV and tuberculosis, both prevalent illnesses in Kibera. Dr. Stanley is also now the attending doctor for the children and staff at the St. Nicholas Children's Home. In 2013 we were able to urgently send funds for vaccines when St. Nicholas had a typhoid outbreak amongst the children and staff. In 2014 and 2016 we returned and provided additional medical clinics in Kibera and in Bungoma, at the ancestral home of the former Archbishop of Kenya. In 2017 St. James' donated funds to purchase a new dental chair for the Holy Trinity Dental Clinic which was closed in 2015. Dr. Stanley then sent us a report regarding the success of the new dental facility. From September to December 2017, 723 clients were seen and in 2018, they saw 2506 clients at both clinics. This is amazing! Those who can pay do so, but no one who needs care at either the medical or dental clinics is turned away. Over the last 2-3 years The Mother and Child/Family Planning Clinic has opened, and uncomplicated deliveries are now being done at Holy Trinity Clinic. In 2021 we were able to purchase new ultrasound equipment to replace the used ultrasound that we had donated in 2012. The Vine Foundation, charitable arm of the Diocese of All Saints' Cathedral, Kenya, is responsible for providing staff at the medical clinic and now has hired a locum dentist. Our projects continue to provide supplies for the laboratory and dental clinic and medications for both clinics as well as the ACK St. Nicholas Children's Home in Karen.

Our goal is that the clinics will eventually become self sufficient, but this will take time. Our mission trip for 2020 had to be postponed because of the Covid Pandemic. Our next mission trip is planned for May 2023. We have 16 eager participants. Included in our group from St. James' are Rosemarie and David Freeman, Fran McCordic, Nynka Greer, Nory Hamilton, Chris Decker, Ruth and Faith Bark. This trip provides an opportunity to appreciate and fulfill the needs of others as well as to experience many aspects of life in Kenya. We will be raising funds for medical, and lab supplies to send in the new year and again in the spring for the mission trip. All donations go to the clinics, participants pay their own way. We are privileged that the St. James' Advent Conspiracy Project this year will raise funds for food distribution in Kibera. As you know drought in Kenya and the war in Ukraine has devastated their food supply. Please donate through the church if you are able. Thank you so much for your support.



Rosemarie and David Freeman,
Dr. Fran McCordic

Kenya Mission Projects – Fundraising

Raising funds for food distribution in Kibera through St. James' Advent Project and for clinic supplies for mission trip May 18-June 3, 2023. If sending by mail include appropriate insert attached to your cheque or donate through the St. James' website (drop down box will indicate food distribution or medical/lab supplies). Thank you.

Mailing address:

St. James' Anglican Church
58 Peter Street North, Box 272
Orillia, Ontario
L3V 6J6

Kenya Mission Food Distribution Donation
St. James' Advent Conspiracy Project Fall 2022

Name _____
Address _____
_____ PC _____

Make cheque out to St. James' Anglican Church
(Kenya Advent Project in left lower corner)

Kenya Mission Projects Donation
Medical & Lab Supplies for Clinics 2022/23

Name _____
Address _____
_____ PC _____

Make cheque out to St. James' Anglican Church
(Kenya Projects Clinic Supplies in left lower corner)

KENYA MISSION TRIP
May 18 - June 3 2023




16 participants including doctors, nurses, and others will deal with intake, administration, and crowd control. Medical and Dental services will be provided, dispensing of pharmaceuticals, distribution of eyeglasses. **The Advent Conspiracy Project** is dedicated to raising funds for food distribution in Kibera. We are seeking to raise funds for medication, laboratory supplies, hiring of a local locum optometrist and other essentials needed for the clinics. If we raise enough funds prior to the trip, we will also distribute food in May. Our clinics in the past have been very successful, due to the wonderful financial support from St. James' community.

Please refer to: Our Journey Continues for additional info regarding the history of our Kenya Missions Projects.

FündScrip

Where Shopping is Fundraising!



A Great Way to Support St. James' While Giving to Others!

What: Gift card program that gives a percentage to our Church

Who: Most major retailers and more! (gas, groceries, entertainment, etc.)

Where: Across Canada

When: Right now! Great way to budget for household shopping

Why: To support St. James' Church

How: Pick up Order Forms by calling the church office;
Place order the first Sunday of each month,
Pick up gift cards the following Sunday

*"God is our refuge and strength, a very present help in trouble.
Psalm 46.1*

FOOD BANK SUNDAY

First Sunday of every month



Our Green Bags are located in the narthex for your use. Fill them with any item listed here. They will be delivered to The Sharing Place Food Bank. Cash Donations are welcomed and can be at the church office.

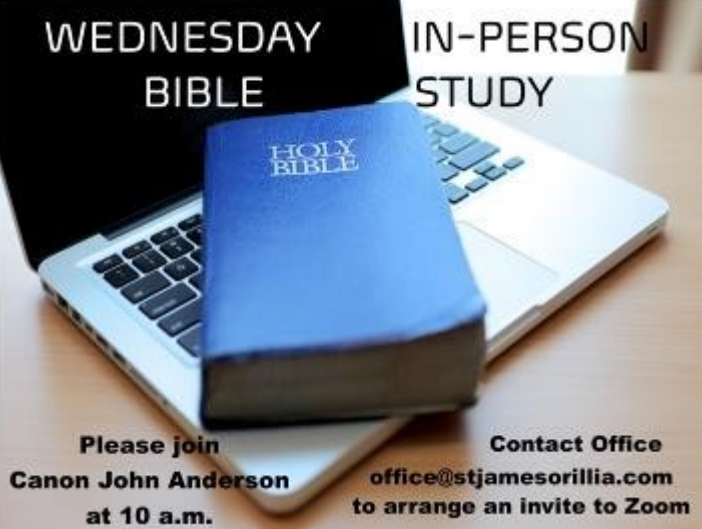
Thank you!!

Food Donations: Most Needed Items

- Fresh Produce from your garden (in season)
- Canned vegetables or Fruit
- Meal in a Can (Chili, Beans, Chutney Soup, Spaghetti, etc.)
- Soup (Canned or Dry (Mr. Goodies, etc.))
- Canned Tinned Products
- Pork and Beans
- Canned Meat (Turkey, Ham etc.)
- Tuna or Salmon
- Pantries (bagged or canned)
- Pasta Sauce
- Peanut Butter (smooth or crunchy)
- Powdered Milk
- Rice
- Salt (shoes)
- Breakfast (Cereal hot or cold)
- Crackers
- Juice
- Baby Products (diapers, wipes, foot, formula, biscuits, etc.)
- Toiletries

*Please check expiry dates before donating food items.
*Sorry, but Health Regulations prevent our accepting homemade preserves.

WEDNESDAY BIBLE IN-PERSON STUDY



Please join Canon John Anderson at 10 a.m.

Contact Office office@stjamesorillia.com to arrange an invite to Zoom

"RENEW AND REFRESH"

The Pennywise Shop & A.C.W. of St. James'

Invite You to ...

Renew and Refresh Tea & Fashion Show

Saturday November 19th at 2 p.m.

Join us for "High Tea", savouries and sweets while viewing a Fashion Show with items from our Pennywise Shop featuring dazzling models of all shapes.

A Silent Auction is included.

Tickets \$20

Available at Pennywise Shop

Tuesday, Wednesday Thursday - 12 to 3 p.m.
Or Call Church Office 705-325-2742



ST. JAMES' BAKERS CAN YOU HELP?

It seems; that our wonderful baked goods are in high demand.

November 19 – We are offering sandwiches and smaller baked desserts (tarts, squares) for the Pennywise/ACW High Tea and Fashion Show.

December 3 - We will have a table of baking in the auditorium during the St. Nick's Children's Shopping morning.

When doing your own Christmas baking can you make a bit extra for St. James', Please contact Joan Gardy.

CENTERING PRAYER AND MEDITATION

TUESDAY AT 12 NOON in person in Upper Room



Centering Prayer is a receptive method of silent prayer that prepares us to receive the gift of the experience of God's presence within us. This method of prayer is both a relationship with God and a discipline to foster that relationship.

Centering Prayer is not meant to replace other kinds of prayer. Rather, it adds depth to all prayer and facilitates the movement into a receptive prayer of resting in God. Centering Prayer emphasizes prayer as a personal relationship with God and as a movement beyond relationship with God and as a movement beyond conversation with Christ to communion with Christ.

George Sanders leads the group. For more info contact

office@stjamesorillia.com or 705-325-2742

TEA AT THREE ON THURSDAYS



Tea at Three on Thursdays at 3:00 to 4:00 p.m. This will be a Zoom meeting with no agenda other than to connect with Church friends face to face for a casual time. Anyone wishing to join should contact Christine Blair at: office@stjamesorillia.com for an invitation.

SUNDAY'S "PRAYERS OF THE PEOPLE"



Prayers bring strength and comfort for anyone having a difficult time, and our Parish Family prays for those who have been placed on our Prayer List through the Intercessor (usually Beth or Mae) every Sunday morning. Usually only first names are read, unless a person specifically asks for more identification. You may have noticed the list becoming very long, because people request prayer but rarely tell us when we can stop. So, as of October, names will be kept on our list for FOUR Sundays and then removed, unless we receive further instructions. Please don't think we don't want to pray for anyone; we'll continue as long as this is requested. If you need our Parish Family to be like the "persistent widow" in Jesus' parable (Luke 18: 9-14), we will be! So, let us uphold each other and any others who ask us, with our prayers.

Mae Cox

A.C.W. SUNDAY



In some ways, that we still have an “ACW Sunday” may seem an anachronism in our “modern” world. There are still far too many places on this globe, however, where women are still treated as second-class citizens or less, and strong women’s groups give support and encouragement to them, as well as fostering connections between women within a parish.

Sunday, November 13 at the 10 a.m. Service, we will celebrate the work that women do in our St. James’ Parish Family (although I must admit that Anglican Church WORKERS would probably be a more accurate title here at St. James’ because of all the ways that men help us as well!) There are THREE PROJECTS coming up in November and December which are at least partly organized by the ACW and supported by everyone who can (Thanks so much for help before!):

1. ST. JAMES’ CHRISTMAS PROJECT, which has a separate article and kicks off on ACW Sunday.
2. The “HIGH TEA AND FASHION SHOW”, where the ACW is partnering with the “Pennywise” crew - and for which we hope you’ll buy tickets for Sat. Nov. 19, from 2 to 4 p.m. (See Poster)
3. The ST. NICK’S CHILDREN’S SHOPPING DAY which will occur on Sat. Dec. 3, COVID willing this year, after a two-year hiatus, and a Bake Table will be available.

We are SO thankful that our St. James’ Parish Family - as well as many others in the Orillia Community - support us so generously in all these projects, but they still need to be CHAIRED and ORGANIZED - and that’s where our ACW Executive steps in. Come Celebrate! Come Share!

Mae Cox

*“Worship is not an experience. Worship is an act, and this takes discipline. We are to worship “in spirit and in truth.”
Never mind about the feelings. We are to worship in spite of them.
Elisabeth Elliot*

CHRISTMAS PROJECT

Will you help our St. James’ Annual Christmas Project?

Did you know? It’s been well over 40 years that St. James’ ACW has been heading up our Christmas Project. Long ago at its start, we managed gifts for six families through their social workers with an agency in Orillia called “Tamarac” - which later become “Catulpa-Tamarac”. The number of families grew and what we provided did, too: from random presents to a “Special Wish Gift” plus extras, plus mittens and hats; from any food we were given to food to prepare a Christmas Dinner plus extras, and the choice of a turkey or ham. Our number of families not only grew to come from more agencies - Couchiching Jubilee House, New Path and Community Living Huronia, as well as Catulpa - but we also added single teens from the Orillia Youth Centre - from perhaps 20 people to over 100! (We used agencies because they know their clients’ needs already.)

Then came COVID. Like everyone else, ACW had to “pivot” but we didn’t miss a Christmas! Now we provide GIFT CARDS: in November, cards to buy children’s presents (\$40 per child); in December, cards to buy Christmas Dinner plus (\$25 per person in the family). It’s not as much fun as our “Wrapping Day” used to be, but it’s safer for health reasons and it’s cost effective because we purchase the gift cards through our St. James’ FUNDScrip program, which brings in at least a bit of money for St. James’ on the side.

WILL YOU HELP US? On ACW Sunday, November 13, we kick off collecting money for our FUNDScrip gift card order for November. Simply note that your money is for the “St. James’ ACW Christmas Project” and it will get to us - on a Sunday or through the Church Office. Any amount will help. THANKS!

Mae Cox

 A poster for the Christmas Project. The background features a map of Orillia, Ontario, with a red location pin. The text on the poster reads:

CHRISTMAS PROJECT

ACW is needing your support to help give people a better Christmas with gifts for children and food.

In NOVEMBER families will be given a GIFT CARD for GIFTS
In DECEMBER a GIFT CARD for FOOD

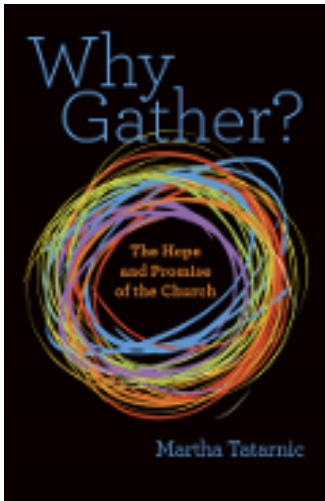
The Gift Cards will be ordered through our FUNDScrip project.

For an opportunity for YOU to help mark your donation “Christmas Project” or see Mae Cox.

You can also contact the church office to give a donation.

Thank YOU for your support!

ST. JAMES' BOOK DISCUSSION GROUP



On Monday November 14 at 10 a.m. in the Upper Room, our Book Discussion Group will share their impressions of Martha Tatarnic's second book, "Why Gather?" Some of us were able to chat with Martha herself on an evening in October and to hear her own assessment of her book and its message for all of us.

Martha herself emphasized again: "What we do as the church - gathering, proclaiming, serving, encouraging - is what can change the world".

Why is gathering as a Church community so important and how did Martha discover this during the COVID pandemic lock-down? Why did celebrating the Eucharist suddenly become much more important after the time when our Bishops decreed that we should "fast"? Although our hour or so will only give us time to touch upon these questions, let alone answer them, why not join us (whether you've read Martha's book yet or not) to explore why we need to "gather", whatever form that may take. What do you think? Come join us and share!

Mae Cox



LIBRARY - BOOK REVIEW

UNVEILED by Francine Rivers

UNVEILED is a historical fiction based on the life of Tamar, a Canaanite, one of the women in the lineage of Jesus. The story is based on biblical accounts which highlight the customs of the time.

At the age of fourteen, Tamar was betrothed to Er, the eldest son of Judah. Judah's intention was solely to produce an heir to carry on his line. Tamar's marriage was an abusive one as Er was determined to prevent an heir for Judah. Unhappy though she was, Tamar longed to learn about Judah's God. She felt that a connection with his God would offer her the comfort she craved.

Through the course of the story, we see how her devotion to Judah is rewarded.

A brief study guide is provided at the end of the story. This section may also serve to illuminate areas in your own life.

UNVEILED can be found on the fiction shelf in our library.

Sue Glowa

BLESSING OF THE ANIMALS - SUNDAY OCTOBER 2



CULTURE COMPETENCE WITH KELLY BROWNHILL



Finding our path forward



“The past is not our fault. We can’t be responsible for what has happened,” Kelly Brownbill told a well-attended Indigenous Cultural Awareness workshop at St. James’ on Saturday, October 15.

“But we can be responsible for what we do now,” she added.

Kelly, a Mi’kmaq who has worked in this area for 25 years and who has given this cultural awareness workshop countless times, led 36 people from different parts of the Orillia community through a consideration of Canadian history from an Indigenous perspective.

Along the way, she noted that there was initially co-operation between Indigenous people and Europeans, that turned to efforts by settlers to control and reduce Indigenous nations as the settler population rose dramatically from 1820s to 1850, and the Indigenous population declined by 50 to 75 percent of what it had been before European contact.

“There was a huge gap between the points of view of these people,” Kelly said, giving information about Indigenous approaches to land management, governance, family structures and spirituality that European newcomers did not understand and so did not value.

Listening to Kelly speak about policies that have injured Indigenous people over hundreds of years, including residential school abuses, and which continue today under the Indian Act, was a difficult part of the day.

But Kelly never forgot to stress that the past is past; what is important is that we be present and seek equitable, safe, cultural relations now and in the future.

To learn to be present and aware is our responsibility, she said, and she always equated responsibilities and gifts. She offered some resources as a way to further our education about our shared history.

Read the Truth and Reconciliation report, or the summary, or the 94 Calls to Action, she said. Read *21 Things You May Not Know About the Indian Act*, by Bob Joseph (in the church library).

Watch the film *We Were Children*, available on CBC Gem. Or pick up *Out of the Depths* by Edgar Harrell, or *Up Ghost River: A Chief’s Journey Through the Turbulent Waters of Native History*, by Edmund Metatawabin.

And always, Kelly said, when you try to develop a relationship with someone from another culture, and inevitably get it wrong, don’t say, “I’m sorry.” Say instead, “Thank you so much for teaching me that.”

It was a day that spoke to equity in our community in many ways, and we were grateful for the quality, warmth, humour and wisdom in Kelly’s presentation.

Report submitted by the St. James’ Reconciliation Circle. Our thanks to the St. James’ Centre for Spirituality for financial support.

November Calendar

We are not able to provide a calendar of meeting times, events, or programs, due to COVID-19. Please join us for in-person Worship on Sundays at 10 a.m. or by watching the Sunday webcast service on our website, Facebook or YouTube.

Your Ministry Council

Anyone interested in reading the current Ministry Council minutes may contact the Church office for a copy.

Are you ill? In the Hospital? Now in a nursing home?

If you or someone you know from our congregation is ill, in the hospital or has moved to a nursing home, please let us know by calling the church office. **We have no other way of knowing**, as the hospital and nursing homes are no longer permitted to give this information out due to the Privacy Act.

Hospital Pastoral Care

Having met the required hospital protocols, Mae Cox, our Pastoral Care Visitor for OSMH, is now able to actually visit patients in person. If you know anyone from our Parish Family who is in Soldiers, please notify the Church Office so a visit can be arranged.

Newsletter Sponsorship

Each month we ask for a sponsor to support the publication of our parish newsletter. Many of our family receive it via the internet but many still enjoy receiving the paper copy and/or they might not have access to a computer. The donation of \$100.00 each month pays to produce our internet copies, the paper copies and their mailing. Please contact Phyllis in the office 705-325-2742 if you would like to sponsor a month.

Fundscrip

The Fundscrip deadline is **Sunday November 6**. Orders and cheques (payable to St James' church) can be dropped off in the bin at the Gardys'. If you need directions, please call Phyllis in the office 325-2742. Pick up will be **Friday November 11**. Thank you for your continued support of this beneficial project.



FUNNY CHURCH SIGNS

Looking for a perfect gift? Find Him here.
The manger was the first king-size bed.
Is prayer your steering wheel or your spare tire?
How do we make Holy Water? We boil the Hell out of it.



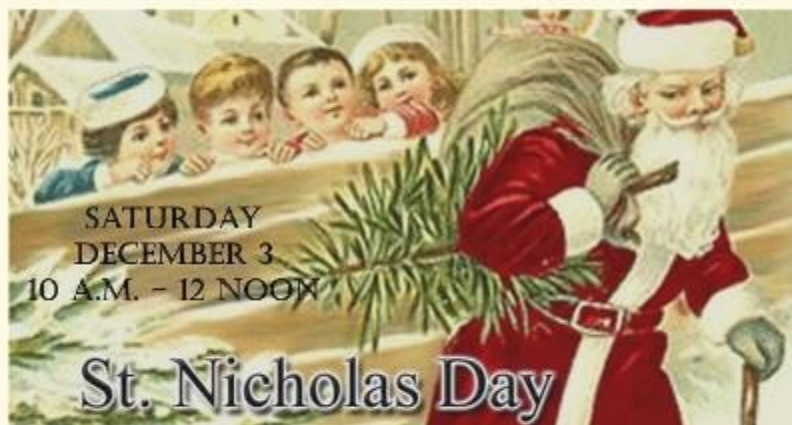
November Birthdays

Glen Bagley, Eileen Cake-Joyce,
Murray Cleland, Elizabeth Gillett,
Dianne Howell, Len Johnson,
Fran McCordic, Maureen Naylor,
Mae Cox

November Anniversaries

Kai & Jackie Schmidt

ST. NICK'S CHILDREN'S SHOPPING DAY



Children 12 and under only can shop. Little ones will have an "elf" to assist them. All articles are \$2.50 and under. A separate mini-bazaar will be available for adults.

ST. JAMES' ANGLICAN CHURCH
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