



ST. JAMES' JOURNEY

APRIL 2023

Volume 19, Issue 6
April 2023



*Welcome to the Church of St. James', Orillia
Whether you are a follower of Christ, or on a spiritual
journey, all are welcome to this Holy and Sacred place.*



FROM THE DESK OF ARCHDEACON JOHN

Dear Friends in Christ,

But the angel said to the women, "Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here; for he has been raised, as he said. Come, see the place where he lay. Then go quickly and tell his disciples, 'He has been raised from the dead, and indeed he is going ahead of you to Galilee; there you will see him.' (Gospel of Matthew)

We live in age of skepticism, particularly when it comes to our Christian beliefs.

As a rule, when talking to non-Christians, we are more comfortable talking about the ministry and teachings of Jesus. The wisdom of Jesus, his acts of service and caring for those hidden in plain sight, and even his devotion to God; this seems to be attractive to those looking in at our faith. However, when it comes the birth and resurrection of Jesus Christ, that is the thing that is regarded with the most doubt.

However, is it not ironic that the most attended services are Christmas Eve and Easter? People are coming to hear the hardest part about our faith. The first sermons were not about Jesus' ministry and teaching. C. S. Lewis wrote: *"To preach Christianity meant (to the Apostles) primarily to preach the Resurrection. ... The Resurrection is the central theme in every Christian sermon reported in the Acts. The Resurrection, and its consequences, were the 'gospel' or good news which the Christians brought."* (Miracles, ch. 16) We tend to think that the first century believer was naïve and not as intelligent as we are. That is not the case at all. They would have been just as skeptical of the claims of the first apostles and as such they needed to be told the story of Easter over and over again. Here we are these many years later telling and celebrating that same Easter story.

The Easter experience is very much the right place to start. It reminds everyone that we are a people transformed by hope and we share this news with everyone. Perhaps that is why even those who are skeptical come to hear the good news. Everyone wants to be renewed in the light of hope; to be surrounded by God's grace.

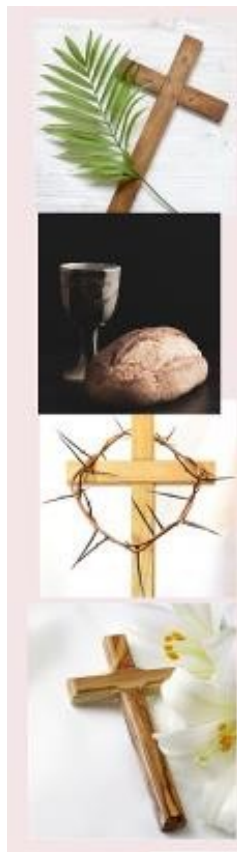
In the passage for Easter Sunday, the women come and see where Jesus lay but they do not stay. They are told to go and tell the good news. We need to continue to tell people to 'come and see' – to meet Jesus. We are also to go out our church doors and tell the good news to others:

Alleluia! Christ is risen.
The Lord is risen indeed. Alleluia!

John Anderson



Our Vision - A strong faith community, reflecting God's Love to those around us.
Our Mission - To serve and share Jesus Christ
Our Values - Faith, Compassion, Integrity, Respect



PALM SUNDAY - April 2 - 8 a.m. & 10 a.m.

Holy Eucharist

Archdeacon John Anderson and Rev. Carol Hardie

MAUNDY THURSDAY - April 6 - 6:00 p.m.

Solemn Liturgy of the Eucharist and Stripping of the Altar

Archdeacon John Anderson and Rev. Carol Hardie

GOOD FRIDAY - April 7 - 10 a.m.

Archdeacon John Anderson and Rev. Carol Hardie

Vocalist Alexandra Teske Soprano and St. James' Choir

Alex Andrews, Violin

EASTER SUNDAY - April 9 - 10 a.m. (one Service only)

Archdeacon John Anderson and Rev. Carol Hardie

Organist Jeff Campbell

Grand Choir with Robin Watson, Trumpet; Laura Christie, Trombone

Christina Bosco and Alexandra Teske, Soloists

Featuring Pipe Organ with Trumpet and Trombone

"I believe in Christ like I believe in the sun not because I can see it, but by it I can see everything else."

C.S. Lewis

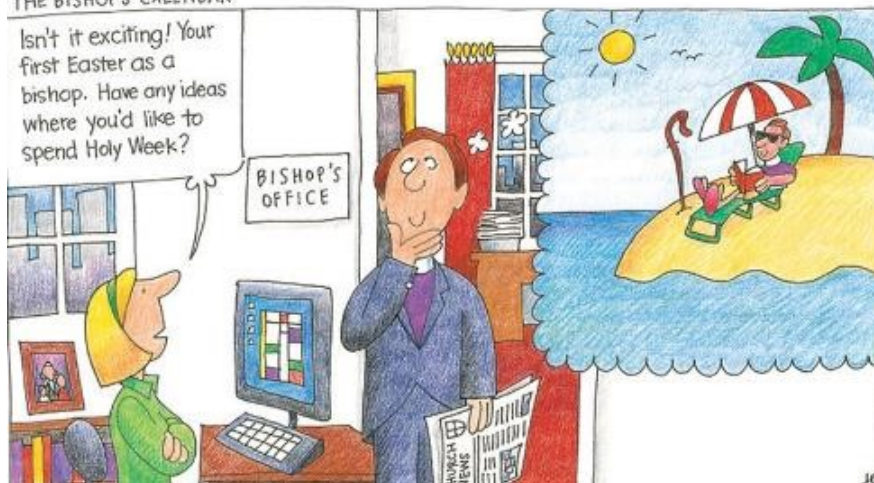
"Dawn and resurrection are synonymous. The reappearance of the light is the same as the survival of the soul."

- VICTOR HUGO



THE BISHOP'S CALENDAR

Isn't it exciting! Your first Easter as a bishop. Have any ideas where you'd like to spend Holy Week?



St. Swithin's

by the Rev. Jay Sidebotham

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Three ways you can celebrate with us:

In-person Sundays at 8 a.m. or 10 a.m.

Livestream at 10 a.m. on YouTube

Sunday 10 a.m. recordings can be viewed any time from our Past-Virtual Services



SPOTLIGHT ON MURIEL MUSCLOW

Muriel Musclow came to Orillia in 2020 from Bancroft, Ontario. Muriel has many years experience as a volunteer working in church clothing shops. At the Pennywise, Muriel helps in the sorting room where she is an expert at pricing fancy giftware and Crystal. She also organizes the glassware displays in the shop and keeps things looking sparkly clean. Muriel celebrated her 90th birthday recently. What an amazing lady! We are so fortunate to have Muriel on our Pennywise team!

Joyce Hird

FündScrip

Where Shopping is Fundraising!

1 Buy \$100, Get \$100
Buy cards at face value, get face value at the retailers - you lose nothing

2 Shop As Usual
With cards from over 230 leading retailers, there's no need to change your shopping habits

3 Pay With Gift Cards
Pay with gift cards instead of credit/debit/cash for your everyday items & gifts

4 Raise Funds
Each purchase automatically includes a donation for your group that can quickly add up over time

Thank you so much to the faithful core group who have supported us this past year. We brought in \$1,866.74 for St James'. The process is that on the first Sunday of each month we gather the orders and submit them. Currently, we ask that you bring the orders to a bin at the home of the Gardy's. Pick up of the cards is normally the following Friday unless holidays change the routine. We realize that coming to our home might be inconvenient for some and Mae Cox has offered to collect and then distribute for anyone who cannot make the drive down West Street. There is no charge to you. If you order a \$100.00 card from Metro – then you will receive a \$100.00 card with no expiry date and St James' will have earned \$3.00. There is a growing range of stores, restaurants, gas stations, Amazon, drug stores, as well as the grocery stores whose cards make great gifts for the grandchildren or Christmas gifts. Order forms can be picked up from the office or in the narthex. Please consider shopping with these gift cards – it is a great way to budget for the month and support St James' at the same time.

Joan Gardy

DIOCESAN VESTRY MOTION

At our recent vestry meeting the 2023 Diocesan vestry motion was passed, supporting a plea to our provincial government for increased allowances for those who try to exist on current Ontario Works and Ontario Disability Pensions. The government needs to hear from as many citizens as possible who support this motion. We have already notified the Diocese that we as a parish supported the motion but each of us, as individuals, can express our support as well. The Social Justice Committee encourages you to do this by picking up a copy of a letter of support to the provincial government officials that you can endorse and send yourselves.

Copies of the letter can be obtained in the narthex of the church and in the church office or can be emailed to you upon request to the office.

Thank you for considering this simple social justice action.

The Social Justice Committee.



LAY PASTORAL TRAINING PROGRAM
WITH
THE REV. CANON JOANNE DAVIES



SATURDAY APRIL 22
9:30 A.M. TO 3:30 P.M.



The Rev. Canon Joanne Davies
Chair, Bishop's Committee on Healing Ministries
Chaplain - Sunnybrook Health Sciences Centre

FREE REGISTRATION - CALL OR EMAIL
ST. JAMES' CHURCH OFFICE
Please bring a bag lunch.
Coffee/Tea, Snacks provided

FUNNY CHURCH SIGNS



Become an organ donor, give Jesus your heart.
(Open your heart to Jesus)

On our way to church, we asked our grandchild why it is important to be quiet in church. She said, "Because there are people sleeping?"

Why do they say "Amen" at the end of a prayer instead of "Awomen"?
Same reason we sign hymns instead of Hers!

FOOD BANK SUNDAY

First Sunday of every month



Our Green Bags are located in the narthex for your use. Fill them with any item listed here. They will be delivered to The Sharing Place Food Bank. Thank you!!

Food Donations: Most Needed Items

- Fresh Produce from your garden (in season)
- Canned Vegetables or Fruit
- Meal in a Can (Chili, Ravioli, Chutney Soup, Spaghetti, etc.)
- Soup (Canned or Dry (Mr. Noodles, etc.))
- Canned Tomato Products
- Pork and Beans
- Canned Meat (turkey, ham etc.)
- Tuna or Salmon
- Potatoes (diced or canned)
- Pasta Sauce
- Peanut Butter (smooth or crunchy)
- Powdered Milk
- Rice
- Side dishes
- Breakfast Cereal (hot or cold)
- Crackers
- Juice
- Baby Products (diapers, wipes, food, formula, biscuits, etc.)
- Toiletries

*Please check expiry dates before donating food items.
*Sorry, but Health Regulations prevent our accepting homemade preserves.

BOOK LAUNCH - CAM RUSSELL

NEW BOOK: CAM RUSSELL NO COMFORTABLE PEW

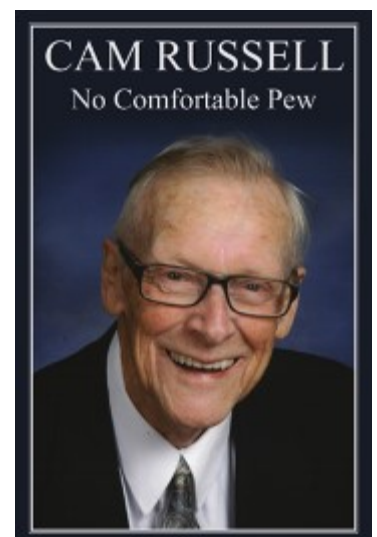
Book Launch: Sunday, April 23, 2023, Noon

Provides Thoughtful Exploration of Faith, Love, and Community Service

No Comfortable Pew is a collection of the writings of The Rev. Campbell Russell, an Anglican priest and community activist who died in 2017. The book includes a biographical sketch of his life, a selection of his sermons, theological discussions, talks on public affairs and a detailed historical study of the Annex neighbourhood in Toronto. The book's range is a testament to Cam's work and thinking. The scholarship that Cam brought to questions of theology and human existence is impressive.

Copies of the book will be available for sale at book launch for \$20 cash only. Otherwise available at Manticore for \$25, in store or shipped plus shipping cost.

For more information please visit camrussell.ca.



ST. JAMES' RECONCILIATION CIRCLE

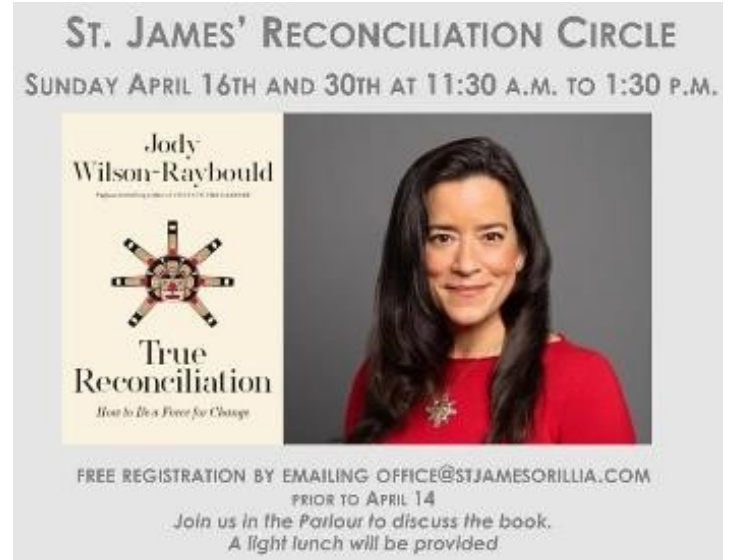
The St. James' Reconciliation Circle is excited to provide more opportunities to continue your reconciliation journey - we are hosting Book Studies to learn more about indigenous culture and to build understanding together.

On two Sundays - April 16th and 30th - please join us in the St. James' Parlour to discuss "*True Reconciliation - How to be a Force for Change*" by Jody Wilson-Raybould. This book shows individuals, communities, organizations, and governments how to get started on advancing reconciliation using three core practices - Learn, Understand and Act. The dialogue begins at 11:30 a.m. and will end by 1:30 p.m. A light lunch will be served. All are welcome! Please register by emailing office@stjamesorillia.com prior to Friday, April 14th.

As well, we would encourage those interested to also attend the St' James' Book Discussion Group Monday, April 17th where "*Permanent Astonishment*" by Tomson Highway is being discussed. This is a memoir of a young man growing up in a nomadic Cree family in northern Manitoba and who also recounts his experiences at a residential school.

All are welcome.

Marilyn Clark



ST. JAMES' RECONCILIATION CIRCLE
SUNDAY APRIL 16TH AND 30TH AT 11:30 A.M. TO 1:30 P.M.

Jody Wilson-Raybould
True Reconciliation
How to Be a Force for Change

FREE REGISTRATION BY EMAILING OFFICE@STJAMESORILLIA.COM PRIOR TO APRIL 14
Join us in the Parlour to discuss the book.
A light lunch will be provided

ST. JAMES' BOOK DISCUSSION GROUP



The St. James' Book Discussion Group will be meeting April 17th in the Upper Room at 10 a.m. to discuss 'Permanent Astonishment' by Order of Canada playwright Tomson Highway. This book is a memoir of his early life as a child and adolescent and offers insights, both hilarious and profound, into the Cree experience of culture, conquest, and survival while growing up in the land of ten thousand lakes and islands and the land of ice and snow that is Northern Manitoba. Come and join us for a lively discussion of his memoir.

Linda Davidson

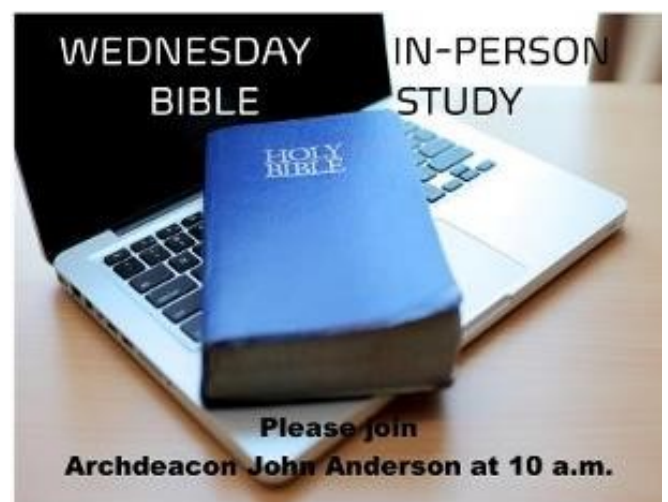
CENTERING PRAYER AND MEDITATION TUESDAY AT 12 NOON in person in Upper Room



Centering Prayer is a receptive method of silent prayer that prepares us to receive the gift of the experience of God's presence within us. This method of prayer is both a relationship with God and a discipline to foster that relationship.

Centering Prayer is not meant to replace other kinds of prayer. Rather, it adds depth to all prayer and facilitates the movement into a receptive prayer of resting in God. Centering Prayer emphasizes prayer as a personal relationship with God and as a movement beyond conversation with Christ to communion with Christ.

George Sanders leads the group. For more info contact office@stjamesorillia.com or 705-325-2742



WEDNESDAY BIBLE STUDY

IN-PERSON STUDY

Please join
Archdeacon John Anderson at 10 a.m.



PENNYWISE - THE LITTLE SECONDHAND SHOP THAT CARES



Located in the lower level of St. James' Anglican Church parish hall is a marvellous little second-hand shop called **The Pennywise Shop**. It is a modest place with outstanding services to the Orillia community.

Originally started years ago by the Orillia I.O.D.E, in very recent years it is a service out of St. James' Church, staffed entirely by community and church volunteers. The shop is open Tuesdays, Wednesdays, and Thursdays, 12 noon to 3 p.m. and once a month on a Saturday from 10 a.m. to 1 p.m. The staff are just the friendliest, most welcoming group. They enjoy working in the shop and many are good friends with one another and the customers.

Customers are treated with respect and all effort is made to accommodate those who come to "check out" the store inventory. Many customers report that they really enjoy their visits because the premises are so clean, uncluttered and the prices are amazingly low and the staff so helpful. Often there are sales of 50% off items or bag sales at \$5 to fill a bag with clothing.

The shop features clothing for men, women, children, footwear for all, books for all ages (the cheapest in town), linens, small housewares and dishes of all sorts and a few toys as well. More expensive items or unique items may be featured for sale on our Facebook page. In addition, there is always a selection of goods for free in the entry foyer.

Donations to the shop inventory can be left at the church office any weekday from 9 a.m. to 4 p.m. Any donations not suitable for sale in the shop are recycled to a great variety of uses like The Kidney Foundation, the SPCA, metal recycling agency etc. Very little is actual garbage.



It is the shop mandate to serve the community, ensuring that customers are treated fairly and provided with economical products. For individuals or families facing extreme crises (like home fire, immigration, weather disaster) this little shop does its best to provide the necessities of living to those persons. It also provides free clothing items at the parish Loonie Lunch on Wednesdays (open to all Orillians) and the Sunday Breakfast (also open to all Orillians) – all at St. James' Church.

Income generated at the shop goes to the St. James' Outreach programmes to support a variety of local, national and international needy ventures.

Drop in when the shop is open and check out this amazing little store. The entrance is on the Coldwater Roadside of St. James' Church at Peter and Coldwater Streets. You will be impressed!!

Rosemarie Freeman

FOOD BANK AWARD OF EXCELLENCE



This month you met and exceeded Archdeacon John's challenge to fill our food bank box. The Food bank volunteers were blown away by your generosity. As each item was unpacked, they commented on how a need was being met. They could tell that you had paid attention to the "most needed items" list.

Our new and exceptional total weight was **315 pounds!** Never have we contributed that much. Let's see if we can better that next month! Many thanks to all who contributed. **April 2 is our next Food Bank Sunday.**

Sue Glowa





KIBERA FOOD ASSISTANCE PROGRAM

January - February 2023 funded by St. James' Church, Canada

ACKNOWLEDGEMENT

We would like to express my special thanks to:

- St. James' Anglican Church, Canada for remembering the hunger affected Kibera community and provided funds to purchase the foods.
- The Vine Foundation for remitting funds in time ensuring payments are done timely and helping to monitor the program.
- ACK Holy Trinity Church, Kibera for coordinating the program and ensuring food reaches the needy.
- KHDP Clinic and Community health volunteers for checking the health need (checking blood pressure, blood sugar levels and other vital signs) equally ensuring food reaches the needy.
- Above all, we thank God for His guidance through this work.

Report of Our Advent Conspiracy Fund for Food Assistance in Kibera, Nairobi

We hope you are interested in the following report about the disposition of funds raised at St. James' this past Christmas in our Advent Conspiracy. Many thanks to all of St. James' for the amazing support of this venture. As you can read it has helped a great need. Read on as reported by the Kibera Medical Clinic, Nairobi:

Kibera is one of the largest slums in Africa and the largest slum in Nairobi, Kenya, representing 60% of the Nairobi total population i.e., approximately 700,000 slum dwellers in about 300 settlements. Most Kibera slum residents live in extreme poverty, earning less than US \$2 per day, the unemployment rates are very high and 25% of the population are living with chronic illness such as HIV/AIDS, Hypertension, Diabetes, Cancer, Mental Illness, Sickle cell disease and Chronic respiratory diseases. Kibera Human Development Project (KHDP), ACK (Anglican Church of Kenya) Holy Trinity clinic has enrolled over 600 NCDs (Non-Communicable Diseases) Program. A greater Majority of people living in the slums lack access to basic services including quality medical care, running water and electricity.

A recent study carried out in the 12 villages of Kibera slums showed that 80% of Kibera slum families rely on meagre out of pocket payment for health expenditure leading to debts because of hard economic situation and the high cost of healthcare. The food Assistance Program will play a major role in addressing some of the current problems affecting the community such as hunger due to severe drought that has been worsened by the Covid pandemic when many people lost income. The worst affected were widows, single parent families, chronic long-term illnesses in the family.

The overall aim of the food Assistance Program is to support at least 70 residents of Kibera slums with foodstuff package to relieve them from the hard-hitting hunger, due to long droughts worsened by the current economic situations in the country. The committee formed to spearhead the implementation of food assistance project was tasked with:

- Ensuring the selection of the most deserving beneficiaries -Develop criteria
- The food stuffs to be distributed- Common and easy to prepare
- Where to source the foodstuffs - ASAS supermarket Local supermarket quality products, better pricing and accessible within Kibera
- Venue of distribution - At supermarket, minimize commotion because "everybody is needy"
- Select 2 people to coordinate the entire program- Social workers to coordinate guided by criteria.



Continue on next page...

Since there was many the community that were in need of the food assistance and were very deserving, stringent measures were put in place to ensure that only the most vulnerable population got the food assistance.

The following criteria was used to select the beneficiaries.

- Low income or no source of income.
- Disability in the family.
- Health status (Family Member with chronic illness)
- Only women headed households (single parent)

A total of 69 beneficiaries were selected into the program

NOTE. A brief health talk from a health worker from the clinic on proper diet, common illness both communicable and non communicable, common signs and symptoms, testing/ diagnosis then prevention. Those willing were screened of blood pressure, diabetes and those affected enrolled in follow up at clinic. The Distribution of the foodstuff package was done on the 1st and 2nd of February 2023 and it was carried out smoothly no itches experienced

RECOMMENDATIONS

Due to the high number of needy cases, there is a greater need in future to increase the number of beneficiaries and to roll out the food assistance program on quarterly to achieve this a lot of efforts needs to be channeled around fundraising and program management capacity. Enhanced with training programs on self-reliance and sustainability.

The food assistance program should be tailor made to offer sustainable solutions to the problems at hand through integration with other programs like Health programs, Socio - economic empowerment programs, Education program and WASH Program.

Help reduce the burden of ill health in the community since this is the greatest challenge the community is facing.

CONCLUSION

There is need for routine programs such as the food assistance program and other like programs specifically addressing the challenges of slum dwellers to help the members of Kibera slums meet their daily needs such medical care, food, shelter and help them overcome issues of unemployment, poverty, high rates of crime and insecurity, insufficient water and sanitation. The beneficiaries and all the stakeholders are very much grateful to every person that was part of this program. May God bless you abundantly.

Prepared by Stanley Simiyu
Physician-in-charge, Kibera Medical Clinic



TEA AT THREE



Thursdays at 3:00 from 3:30 p.m.
A Zoom meeting with no agenda other to connect with other Church friends face to face for a casual time. Anyone wishing to join contact Christine Blair church office email at office@stjamesorillia.com for an invitation.



WE WOULD LOVE TO SEE YOU!

FREE SUNDAY COMMUNITY BREAKFAST



ALL ARE WELCOME

**Every Sunday
8:30 to 9:30 a.m.
in St. James' Auditorium**

*A joint venture with St. David's, St. Athanasius, St. James' and Community Members
Our goal is to provide food and fellowship in the name of Jesus Christ our Lord.*

WEEKLY ACTIVITIES and WORSHIP SERVICES

Sunday April 2, 9, 16, 23, 30

8 a.m. Holy Eucharist (not on the 9th)
8:30—9:30 Community Breakfast
10 a.m. Holy Eucharist

Easter Services

8 am & 10 am Palm Sunday
6:00 p.m. Maundy Thursday April 6
10 a.m. Good Friday April 7
10 a.m. Easter Sunday April 9(*No 8 a.m.)

Tuesday April 4, 11, 18, 25

12 noon Centering Prayer
12 p.m. Pennywise Shop

Wednesday April 5, 12, 19, 26

10 a.m. Bible Study
10: 30 a.m. to 12 noon Loonie Lunch
12 noon Lenten Eucharist (April 5)
12 - 3 p.m. Pennywise Shop

Thursday April 6, 13, 20, 27

12 - 3 p.m. Pennywise Shop

MONTHLY ACTIVITIES and SPECIAL EVENTS

Saturday April 1

7 p.m. Maple Leaf Club Spring Fling Dance

Sunday April 2

Food Bank Sunday

Tuesday April 4

2 p.m. ACW Executive

Sunday April 9

FundScrip Sunday

Sunday April 16

11:30 a.m. The Reconciliation Group

Monday April 17

10 a.m. Book Discussion

Tuesday April 11

7 p.m. via Zoom; Ministry Council

Tuesday April 22

9:30 a.m. Lay Pastoral Training

Sunday April 23

After 10 a.m. service

Book Launch – *No Comfortable Pew*

A Collection of Rev. Cam Russell's sermons

Sunday April 30

11:30 a.m. The Reconciliation Group

PERENNIALS “DIVIDE AND DONATE”



Do Your Perennials Need Dividing?

Think of donating your perennial cuttings to the garden in the rear of the church. We are not planting vegetables this year and would like some perennial additions to that area. If you notify the church that you have some to donate, then leave in the rear garden area. We will do the planting.

LIBRARY BOOK REVIEW

Sensible Shoes – A Story About the Spiritual Journey

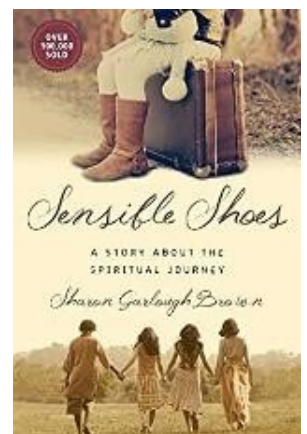
Written by Sharon Garlough Brown

Sensible Shoes is a realistic portrayal of four women with distinct personality traits that most of us can relate to: Hannah – the server; Charissa – the perfectionist; Mara – the pleaser; and Meg- the fearful.

Drawn together by a Sacred Journey program at New Hope Centre, facilitated by Katherine Rhodes, each woman uncovers her authentic self and a genuine relationship with God. There are laughs, tears, and even romance. Some chapters include meditations that readers can practice themselves and follow their own path to the divine.

An excellent read, whether you are seeking answers to your own questions, or looking for a good story with good endings.

Christine Hager



Your Ministry Council

Anyone interested in reading the current Ministry Council minutes may contact the Church office for a copy. A copy is also posted on Bulletin Board in Hall.

Are you ill? In the Hospital? Now in a nursing home?

If you or someone you know from our congregation is ill, in the hospital or has moved to a nursing home, please let us know by calling the church office. **We have no other way of knowing**, as the hospital and nursing homes are no longer permitted to give this information out due to the Privacy Act.

Hospital Pastoral Care

Having met the required hospital protocols, Mae Cox, our Pastoral Care Visitor for OSMH, is now able to actually visit patients in person. If you know anyone from our Parish Family who is in Soldiers, please notify the Church Office so a visit can be arranged.

Newsletter Sponsorship

Each month we ask for a sponsor to support the publication of our parish newsletter. Many of our family receive it via the internet but many still enjoy receiving the paper copy and/or they might not have access to a computer. The donation of \$100.00 each month pays to produce our internet copies, the paper copies and their mailing. Please contact Phyllis in the office 705-325-2742 if you would like to sponsor a month.

Fundscrip

The Fundscrip deadline is **Sunday April 9**. Orders and cheques (payable to St James' church) can be dropped off in the bin at the Gardys'. If you need directions, please call Phyllis in the office 325-2742. Pick up will be **Friday April 14**. Thank you for your continued support of this beneficial project.

ACW SPRING SALE

The ACW is once again going to host a Plant/Bake/Craft/Book Sale on Sat May 13. There will be a great variety of plants to refresh your gardens. We have added a book stall to our agenda. Proceeds from this booth will purchase new books for our St James' Library. Christine Blair will convene the plants, Joan Gordon the baking, Sue Glowa the books, Miriam Wright the crafts. Pennywise will be open. Weather permitting, we can use both the auditorium and the lawn areas. Please mark your calendars.

Joan Gardy



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